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## Just Half An Hour To Health



SUEANNE GOSS, The Ocean Star

**Carol Pettis-King [left], an employee of the Ocean County Health Department, took the blood pressure of Lavallette resident Lucille Chiesa this week, during a library program called "Half Hour to Health."**

## Candidates unchallenged in next week's Democratic, GOP primaries

**By Andrea Agardy**

Like their counterparts across the state, Lavallette voters will head to the polls on Tuesday to cast their votes in the Democratic and Republican primaries.

A total of three candidates will be on the ballot next week hoping to secure their respective parties' nomination to seek the two three-year terms up for grabs in November.

Incumbent Councilman Joseph Ardito, a Democrat, is seeking another term, and is the only member of his party to file a nominating petition by the April 7 deadline.

The other council term available this year is currently held by Republican Councilwoman Anita Zalom, who is seeking re-election, as

well.

Councilwoman Zalom will appear on Tuesday's ballot under the Regular Republican Organization of Ocean County line.

A second Republican candidate, LeRoy Horn, will also be on the ballot next week, as the Republicans for Lavallette candidate.

Polls in Lavallette will be open from 6 a.m. to 8 p.m. on June 3. Voters living in District 1 will cast their ballots at Lavallette Volunteer Fire Company No. 1, located at 125 Washington Ave. District 2 residents will vote at the first aid building, located at 1207 Bay Blvd. and Washington Avenue.

## Save Barnegat Bay 8K Race scheduled

Time is running out to sign up at pre-registration prices for the Third Annual Save Barnegat Bay 8K Race & 2-mile Fitness Walk [SBB8K].

The SBB8K will take place in Lavallette, on Saturday, June 28. Participants who sign up on or before May 31, will pay \$25 for the running race and \$18 for the fitness walk. Starting June 1, the fees goes up to \$30 and \$23, respectively. Registration is available online at [www.runthebay8k.com](http://www.runthebay8k.com) or by mail at P. O. Box 552, Lavallette, 08735, or at Save Barnegat Bay's headquarters, located on the corner of Route 35 north and Brown Avenue in Lavallette.

The race and fitness walk is being held to raise money and awareness for Save Barnegat Bay as well as to support the Lavallette Police Department Local PBA Local No. 372, the borough's fire department and first aid squad, and the United Mitochondrial Disease Foundation.

Executive Director of Save Barnegat Bay. "A few of the improvements made for this year are we have added two new award categories — First Place Male and Female Walking Division and Top Law Enforcement Division. Also new to '08, the awards will be sponsored by Tiffany & Co."

Opportunities are also available for sponsorships and race day volunteers. We would love to include everyone to share in what we promise to be an outstanding experience for all.

The 8-kilometer race meanders through the town of Lavallette and along the shores of the picturesque Barnegat Bay, allowing runners to take in sights along the longest stretch of undeveloped bay shoreline on Barnegat Beach Island.

The 2-mile fitness walk offers participants the best of both worlds, as it follows the bay for more than 1.5 miles, offering the runners the most scenic parts of the course.

"Nearly 900 participants and volunteers helped with last year's events and raved about how exciting and beautiful the day was. We hope to make it even better this year," said Jennifer O'Reilly, Associate

### PBA to host fund-raiser

Lavallette PBA Local 372 will hold its first Summer Kickoff Fund-Raiser on June 14 at the Legendary Joey Harrison's Surf Club in Ortley Beach, starting at 2 p.m.

Advance tickets are \$45 per person, and admission includes an open bar from 2 to 5 p.m. and live entertainment. Free parking will be available. Tickets will also be available at the door for \$50 per person. For reservations call 732-795-2100.

A portion of the proceeds will benefit the National Law Enforcement Officers Memorial Fund.

For more information, contact PBA President Frank White at 732-793-4800 ext. 665; PBA Delegate Christian LaCicero at 732-713-7273; or log on to [www.lavallettepba372.org](http://www.lavallettepba372.org).

Other race highlights include a SBB8K T-shirt, customized pint glass and goodie bag including a ticket for raffle prizes to each participant. Complimentary food and drinks will be on hand for everyone involved with the day's events as well as a post-race party at the site, sponsored by The Crab's Claw Inn of Lavallette.

Save Barnegat Bay is a not-for-profit environmental group working to conserve undeveloped natural land and clean water throughout the Barnegat Bay watershed. The group was founded in 1971 as a local chapter of the Izaak Walton League of America, a leading national environmental organization. To learn more about Save Barnegat Bay visit its Web site [www.savebarnegat-bay.org](http://www.savebarnegat-bay.org) or call 732-830-3600.

The Friends of Save Barnegat Bay 8K, Inc. is a non-profit organization created for the purpose of distributing the race proceeds following the race to the charities and organizations involved.



**Lavallette Community Calendar**

To submit a calendar listing or Lavallette news story, e-mail [editor@theoceanstar.com](mailto:editor@theoceanstar.com)

### Time Capsule Opening & Reunion

On Saturday, May 31, Lavallette Elementary School will open its time capsule that was buried 25 years ago. All graduates of Lavallette School are invited to attend the celebration which will include an all-day World's Fair Festival of students' projects, tours of the school, small performances, lots of food and a state cake.

### Townwide Garage Sale

On Saturday, June 7 and Sunday, June 8 the Municipal Alliance will hold its townwide garage sale from 9 a.m. to 4 p.m. Pick up registration forms at borough hall or call 732-793-7477. Register by Friday, June 1, the cost is \$10, please make checks payable to Borough of Lavallette.

### Senior Lunch & Movie

The Lavallette Municipal Alliance and Recreation Committee will continue its senior lunch and a movie program on June 8 with a show at the The Music Man.

To register, call Joyce at 732-793-7477 ext. 612.

### Mom & Me Fellowship

The Union Church of Lavallette will host Mom & Me Fellowship on Wednesday, June 11 from 10:30 a.m. to noon at the church, located at 25 Philadelphia Ave., featuring an indoor picnic.

Participants are asked to bring a blanket and lunch. Kid-friendly games will be played and the program is open to mothers and children of any age.

For more information, contact Tara at 732-773-4160 or send an e-mail to [tlarosa80@comcast.net](mailto:tlarosa80@comcast.net).

### Garden Tour

The Lavallette Garden Tour is scheduled for Saturday, June 14, between 10 a.m. and 2 p.m. It is a self-guided tour, with participants receiving a map of the gardens. Light refreshments will be served at the fire house on Bay Boulevard.

Advance reservation are \$30 and \$35 the day of the tour. Checks can be mailed to Friends of Lavallette Beautification, P. O. Box 493, Lavallette, 08735. Tickets can also be reserved at Peter's Florist, Rothlein Agency and Walter LaCicero, Esq.

Proceeds will go benches and flower pots for Grand Central streetscape.

For more information, call 732-793-7137.

### Adopt-A-Highway

On Saturday, June 14 the Regular Republican Club of Lavallette will sponsor Adopt-A-Highway. The group will meet at 8:30 a.m. at the Fire/First Aid parking lot. All are Welcome. Breakfast will be at the Bayside Cafe.

### First Aid Card Party

On Monday, June 16 the First Aid Women's Auxiliary of Lavallette will sponsor a card party at 12:30 p.m. in the first aid building, Bay Boulevard and Washington Avenue.

The cost is \$3. The donation includes coffee, desert, and prizes.